

*These guidelines are for professionals endorsing an application for Door Step .*

## DOOR STEP APPLICATION GUIDELINES

Door Step is a (pilot) Early Intervention programme to support young people with anxiety and mental health issues relating to transition to secondary school, and adolescence. It is for young people who may, or may not, have generalised anxiety, which may be compounded by the transition to secondary school. The programme is particularly designed for young people who may not yet have been identified, or supported, under current provision (e.g. My Plan and below-threshold CYPS). It is not a crisis intervention. It is not for young people exclusively with challenging behaviour.

We want to ensure that the young person and their parents/carers engage fully with the programme. Therefore, they need to complete the application form with your endorsement (rather than referral). We expect places on the programme to fill up quickly so **please support completion and return of the form as soon as possible, as per the details below:**

Application Deadline: **first Wednesday of July**

Please note that application does not guarantee a place on the programme – If you are supporting an application we request that you clarify this with the applicant and ensure the parent/carer contact details (email/telephone number) are complete, so they can be informed of the application outcome.