

THE DOOR NEWSLETTER



SMASHING SUMMER OF FUN

From Beach Trips and Sports Days to Pamper Sessions and Pancakes, it's been another jam packed summer of fun at The Door. As ever the youthwork team worked hard to ensure young people had a safe, supportive and special place to hang out during the school holidays. Community Youthwork Coordinator for Stroud, John said:

“My highlight was the outdoor lasertag trip, everyone had varying levels of success at Battle Hill but everyone enjoyed the day and left smiling. It's very popular with the youthworkers and young people alike. In fact, there was one young person who left his house for the first time in two weeks to specifically come on that trip.”

The Dursley team hosted breakfast clubs and dinners at The Vibe as well as pamper sessions and a massive water fight in Cam! Over in Stonehouse Sessional Youthworker Leah adds

“My highlight was the young people engaging with each other and the team at our Sports Day playing rounders, cricket and even doing circus skills. It was also lovely to share a BBQ together after the games.”

“If it wasn't for The Door I wouldn't have left my bedroom all summer, the trips were so fun!”

Roxy, 17



Becky's highlight was working out how to make pancakes in a microwave – with the help of the young people of course! “They all enjoyed making their pancakes almost as much as they enjoyed eating them!”



UNLOCKING POTENTIAL... OPENING OPPORTUNITY...

NEW YOUTHWORK CONTRACTS

Since the start of the summer, we have secured not one, but two long term contracts. Firstly Dursley Town and Cam Parish councils have renewed our contract as the lead provider of youthwork in Dursley and Cam. This includes the launch of Senior and Junior Sessions at The Vibe to better meet the needs of the young people in that area. Secondly we are excited to be increasing our youthwork in Wotton-under-Edge from 1 to 3 youth club sessions. We are so delighted to continue to have the opportunity to serve young people and families in these communities as well as our 4 other clubs. For a full timetable of all our youth clubs visit thedor.org.uk

THE POWER OF A GROUP

The Door hosts a number of support groups for parents including Parent Connections and The Beyond Fear Foundation Parent Support Group. Both offer parents in different situations the opportunity to come together, to share their stories and offer support. As well as to stop, breathe, relax and take some time for themselves. Shared experiences and challenges tackled are made that little bit easier when you feel less alone.

One mum said **“I feel that in life I am making myself invisible but when I come to the group I go for myself.”** another added **“The others understand”**

Whilst there is the opportunity for Dads to attend both groups, historically, they have been much more 'Mum' focussed. However, Dads are important too! Self-care through a crisis is not reserved for just Mums!

With this in mind and in recognition that Dad's need just as much support as Mums The Door is pleased to be launching **'Dads @ The Door'**, a dedicated support group for fathers of teens. Set to begin on Thursday 24th October. So if you are a dad and are battling with how to cope, how to know where to turn, how to provide that balance of safe challenge and support. Then come along, The Door is open for you, a safe space to bring yourself and talk if you need to, or just breathe if you don't.

Join our Parents at The Door Facebook Group for ideas and encouragement.

WORK EXPERIENCE AT THE DOOR

During July The Door hosted 6 work students for work experience from Archway, Maidenhill, SGS College and KLB. The young people all got really stuck in as they joined the youthwork, shop and back office teams, for a week 'in the real world' A couple of them also attended a garden party hosted by Rachel, Bishop of Gloucester. Cory said: **“I didn't understand how hard it is working in an office like The Door's!”**

Read the full story at thedor.org.uk

FUNDRAISING NEWS

It's been a busy few months for our fundraising team out and about at the Stroud Country Show and raising £850 in our September Street Collection. Grants have been received towards Mentoring, the refurbishment of the Stroud Youth Centre Kitchen, extra youthwork in Stonehouse and next year's summer trips. It has also been great to receive donations from local businesses on Nelson Street and TSB Stroud.

Don't forget to join us at our Celebration and Awards Night at Stonehouse Court Hotel, 7pm, Tuesday 27th November. All Welcome RSVP info@thedor.org.uk



World Cup Prediction winner Noel Collects his Prize Football



Prize winners collect their winnings at the Stroud Show



Pamper Party makeovers in Cam and Dursley



Young people in Dursley meeting PCC Martin Surl